

# **The scientific reproducibility crisis**

## **- winner's curse and other causes**

*Matthias von Herrath, Novonordisk and  
Ondrej Libiger, J&J  
([Matthias@lji.org](mailto:Matthias@lji.org))*



*new york times bestseller*

*noise and the noise*

*the signal and the*

*and the noise and*

*the noise and the*

*why so many noise*

*predictions fail—*

*but some don't th*

*and the noise no*

*nate silver li no*

UPDATED  
for 2020

"Could turn out to be one of the more momentous books  
of the decade." —*The New York Times Book Review*





# Majority of published research does not replicate, lacks robustness

Cell Metabolism

## Perspective

### Case Reports of Pre-clinical Replication Studies in Metabolism and Diabetes

Matthias von Herrath,<sup>1,\*</sup> Philippe P. Pagni,<sup>1</sup> Kevin Grove,<sup>1</sup> Gustaf Christoffersson,<sup>2</sup> Mads Tang-Christensen,<sup>3</sup> Allan Ertmann Karlsen,<sup>3</sup> and Jacob Sten Petersen<sup>3</sup>

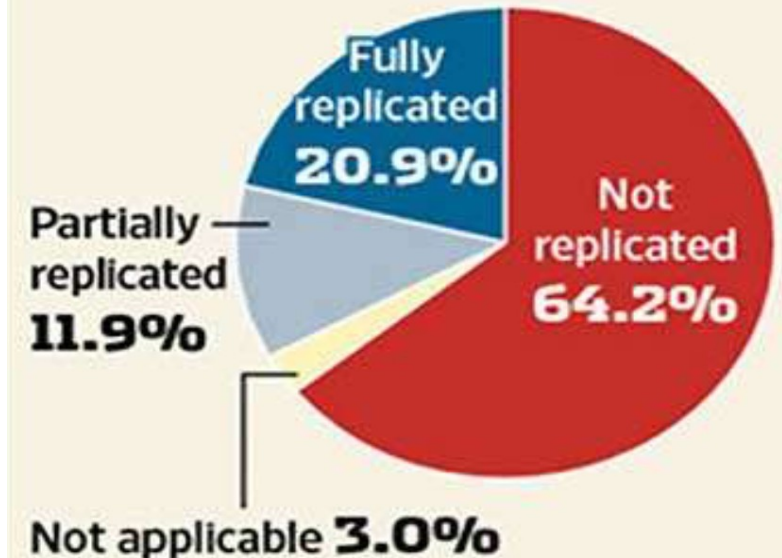


PHARMACEUTICAL COMPANIES OF  
*Johnson & Johnson*



## No Cure

When Bayer tried to replicate results of 67 studies published in academic journals, nearly two-thirds failed.



Source: Nature Reviews Drug Discovery

348 x 483

Prinz et al., 2011; doi.org/10.1038/nrd3439-c1

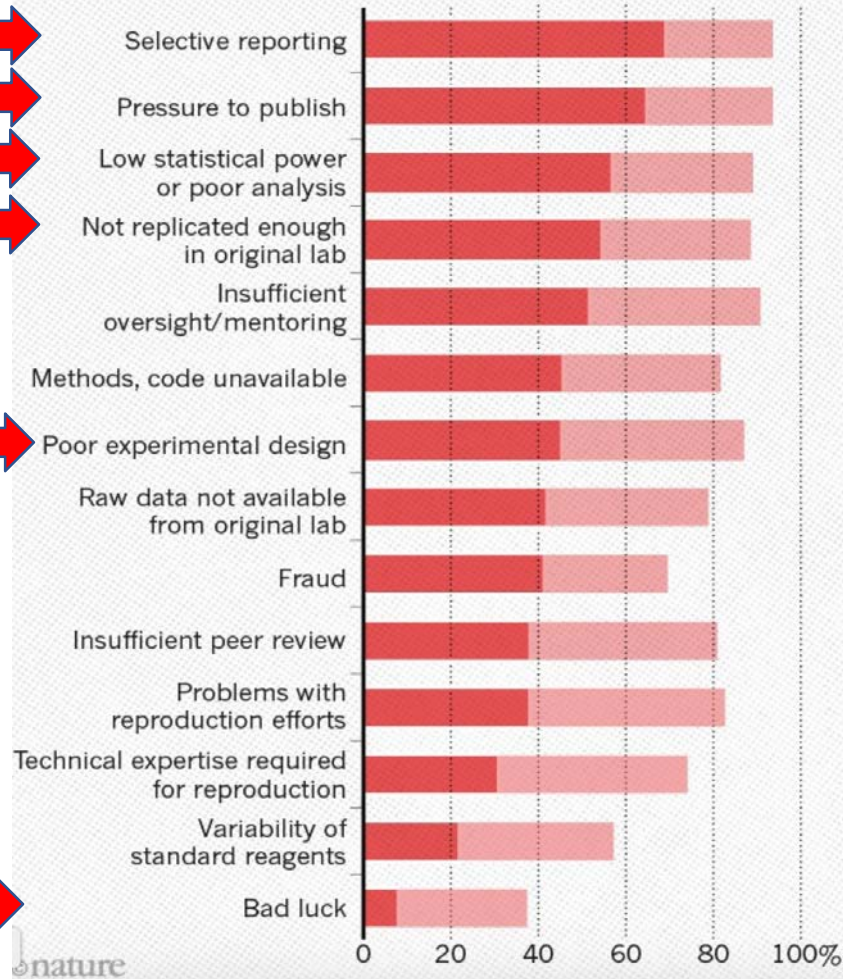
# Robustness

Winner's curse

## WHAT FACTORS CONTRIBUTE TO IRREPRODUCIBLE RESEARCH?

Many top-rated factors relate to intense competition and time pressure.

● Always/often contribute ● Sometimes contribute



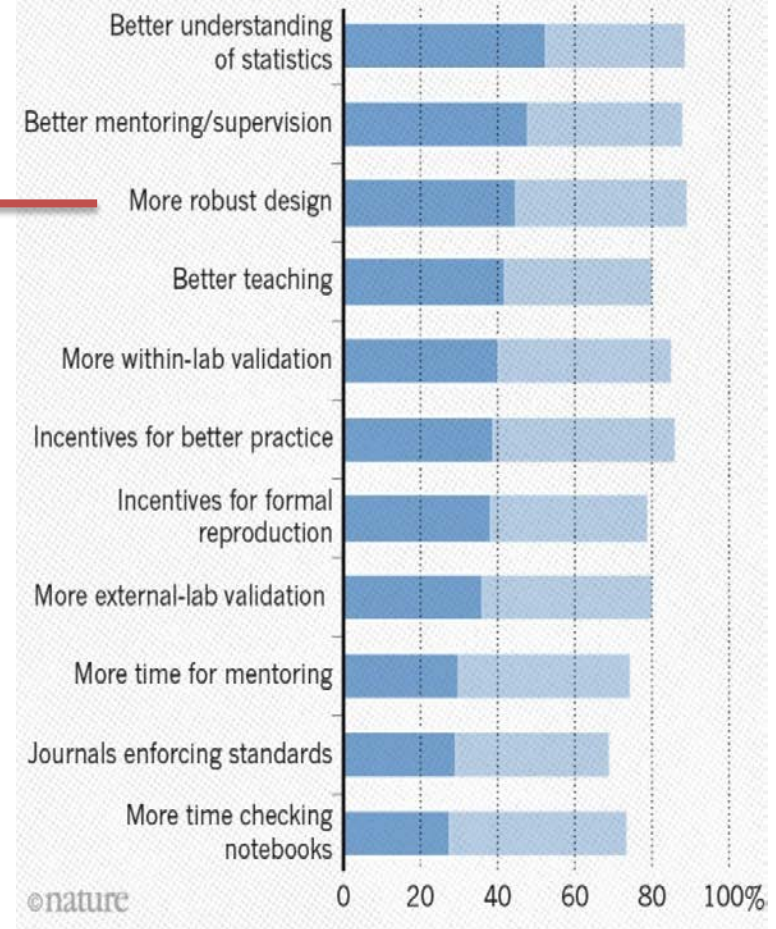
nature

Baker & Penny, Nature 2016

## WHAT FACTORS COULD BOOST REPRODUCIBILITY?

Respondents were positive about most proposed improvements but emphasized training in particular.

● Very likely ● Likely



nature

Higher statistical power!!

# Winner's curse

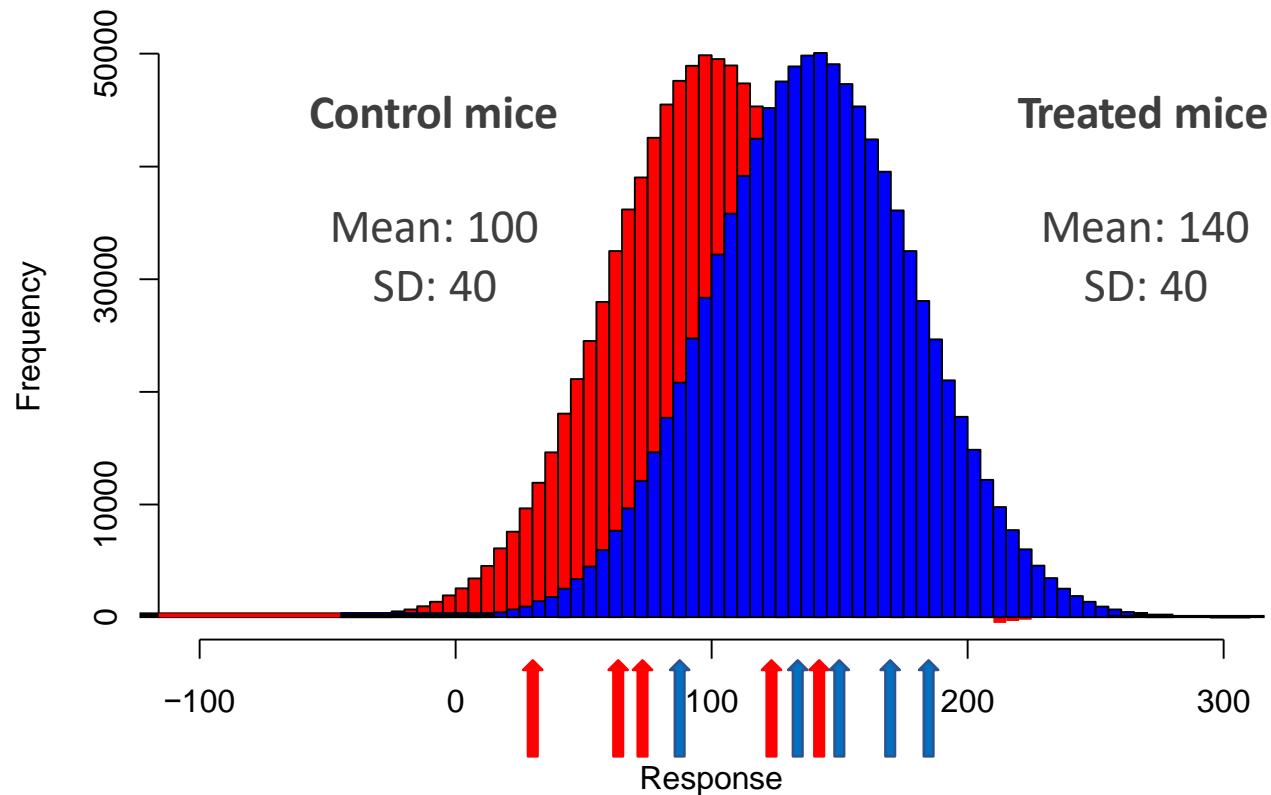
- The **exaggeration of effect sizes** (e.g., differences) in published reports and the low probability of study replication
- If 100 labs conduct the same experiment, and only the labs with statistically significant results publish, the reported effect sizes will be exaggerated (and may even be wrong).
- This is especially true when the experiments have **low statistical power** (inadequate sample size given effect size and measurement variability).



# Statistical power

- Definition: ability to reject null hypothesis when it is false (“Ability to detect an effect of a given magnitude or larger, if such an effect is present”)
- Power of 80%: out of a 100 experiments, 80 will correctly reject the null hypothesis (20 won't – false negatives)
- Statistical power <- sample size + magnitude of effect + measurement variability + alpha (significance) level + statistical test + experimental design

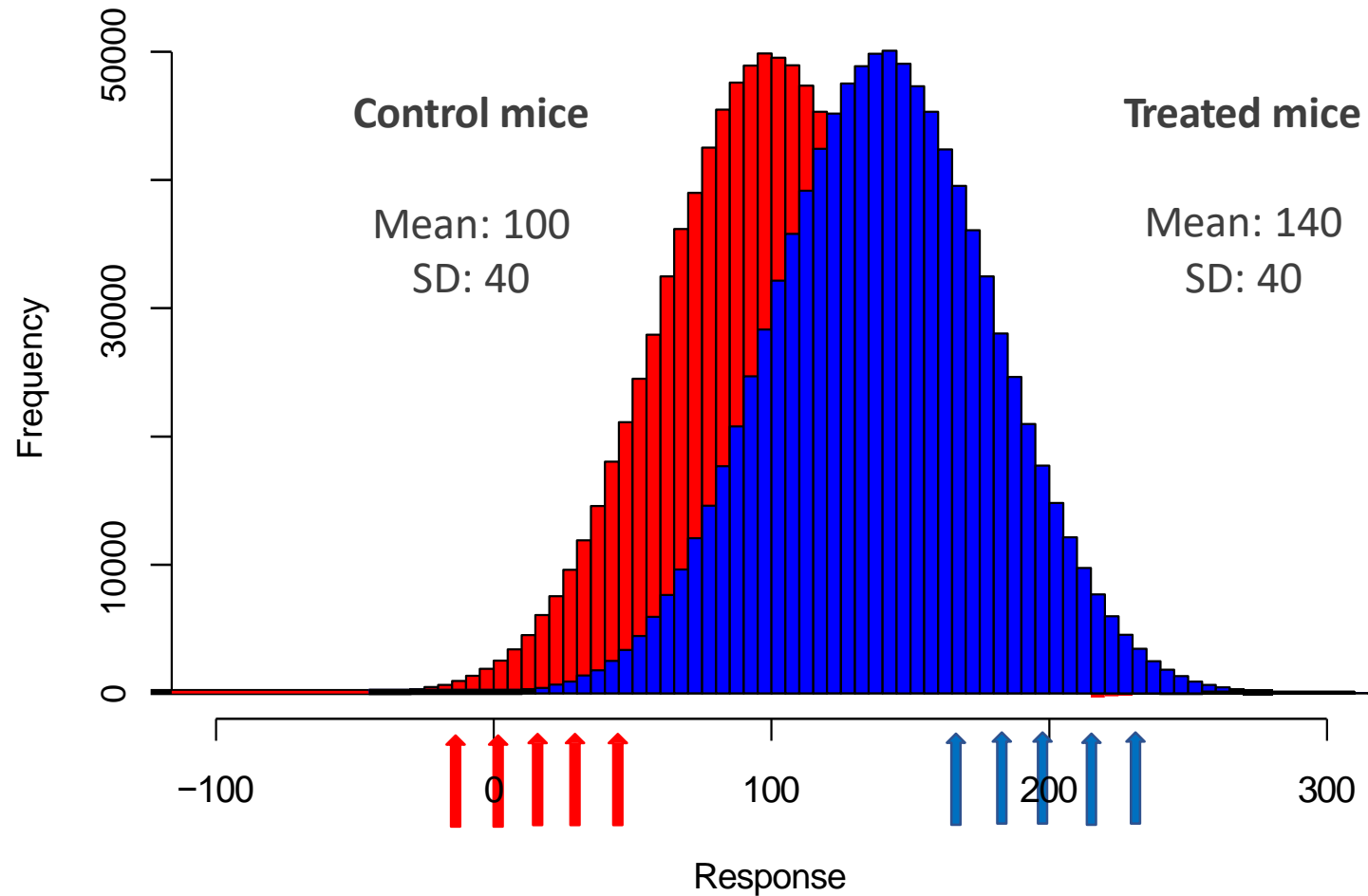


# Example: Simulated data allows us to compare results with the ground truth



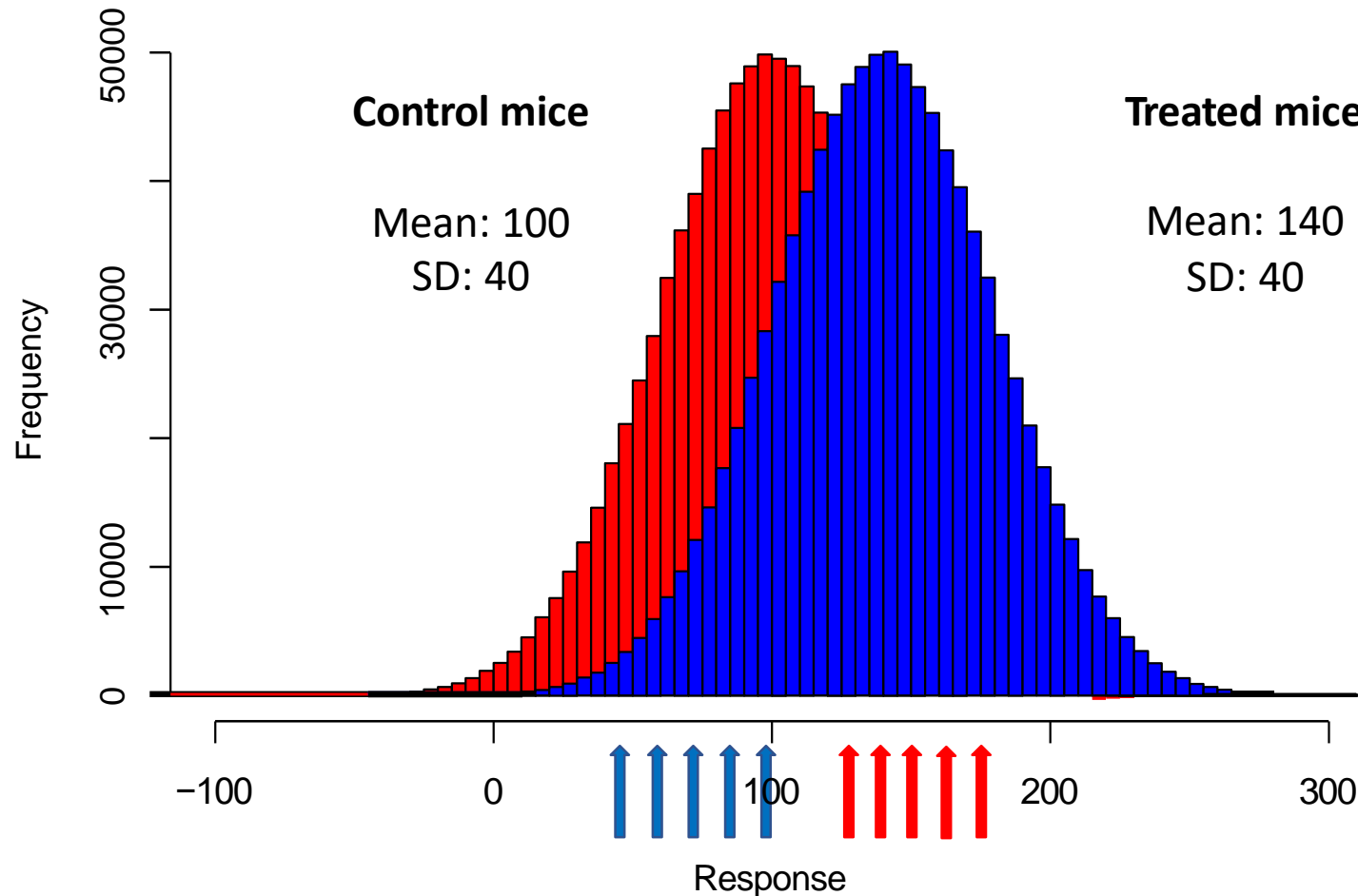
1. **Sample N control mice** (draw N random numbers from the distribution for Vehicle group) 
2. **Sample N treated mice** (draw N random numbers from the distribution for Treated group) 
3. **Determine the effect size**, i.e., difference (95% CI) of means between control and treated mice
4. **Test the null hypothesis** of no difference between groups
5. **Repeat 100 times**

# Example sampling – estimates a large effect

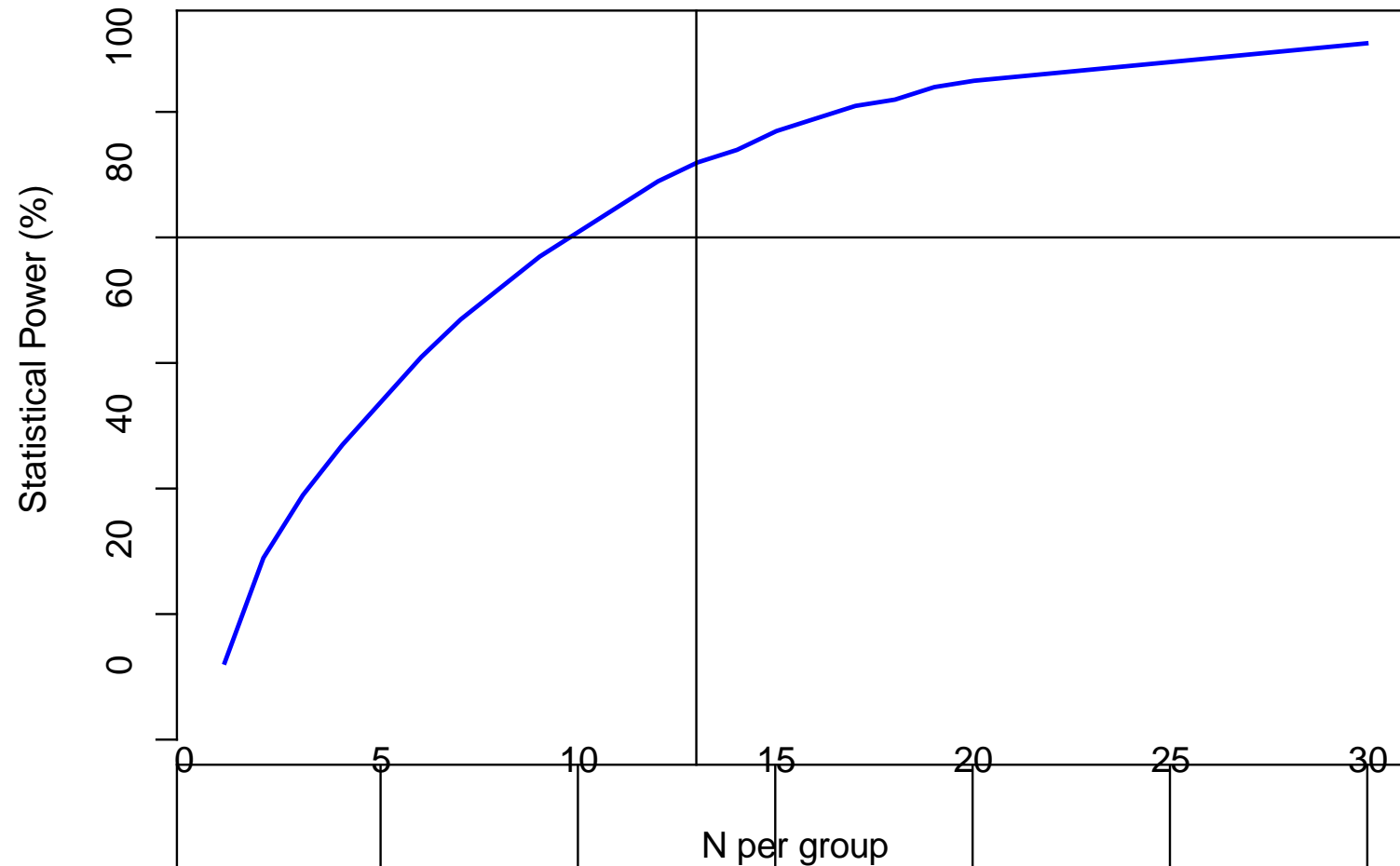




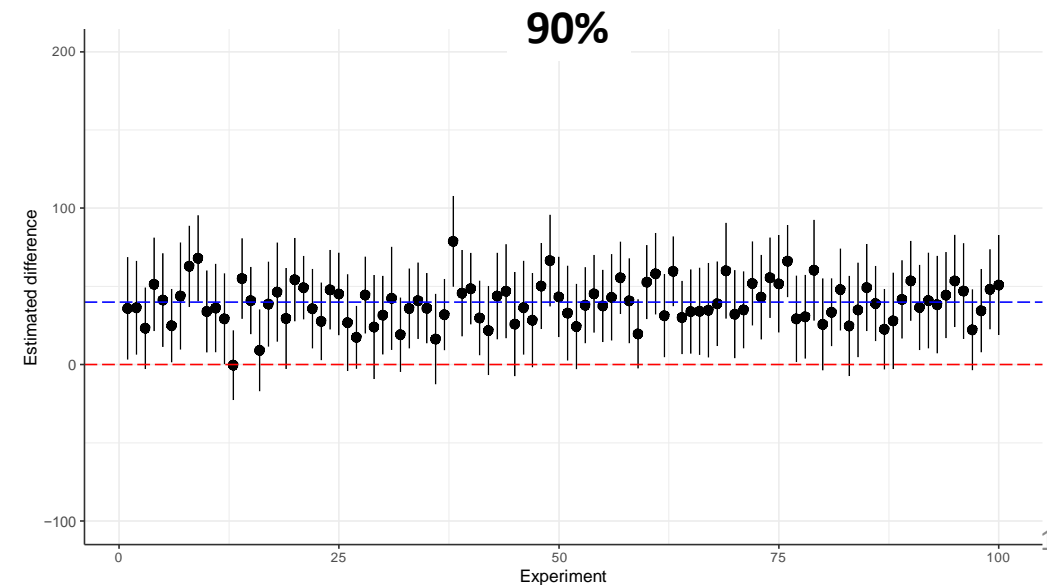
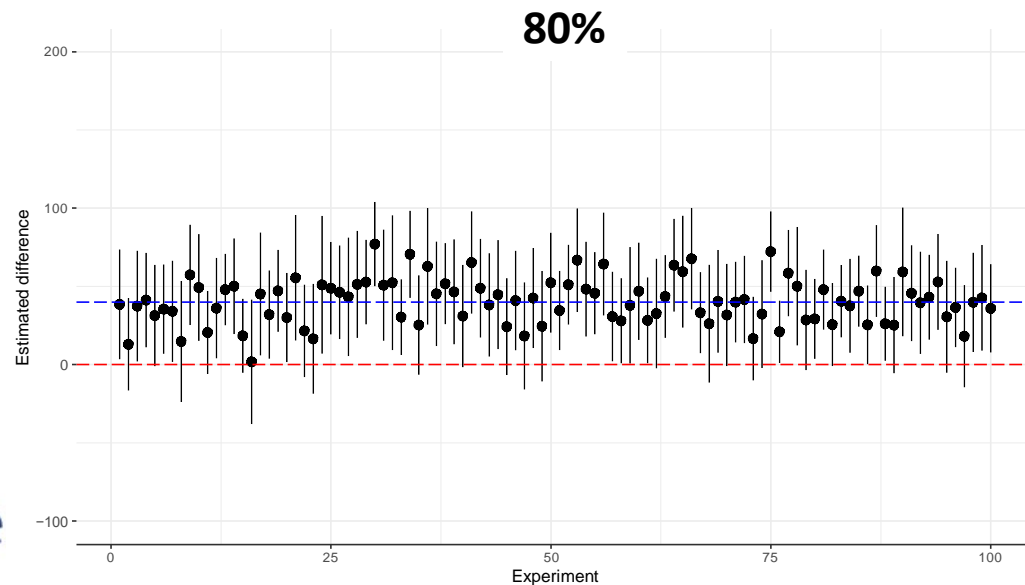
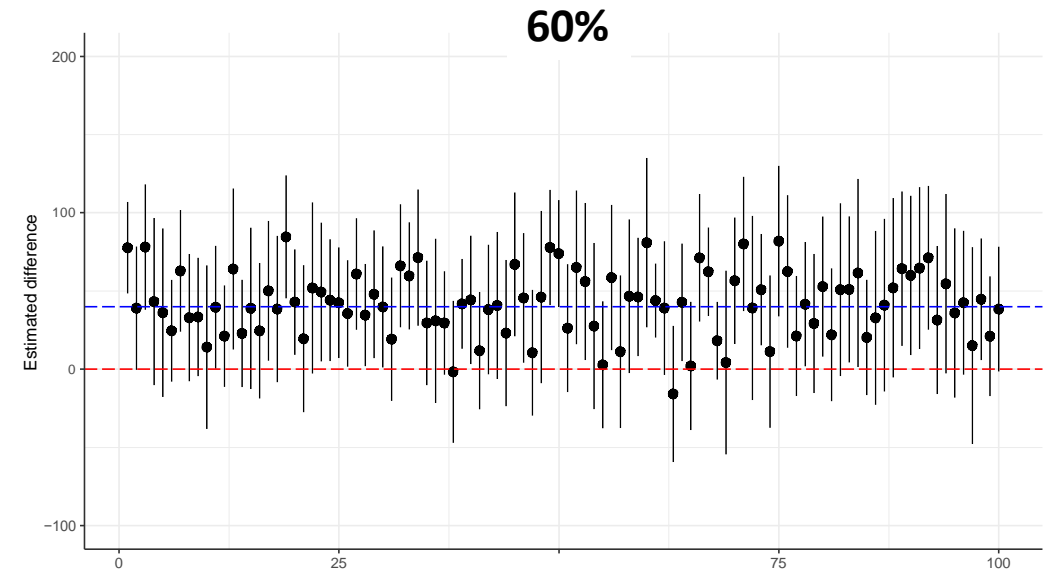
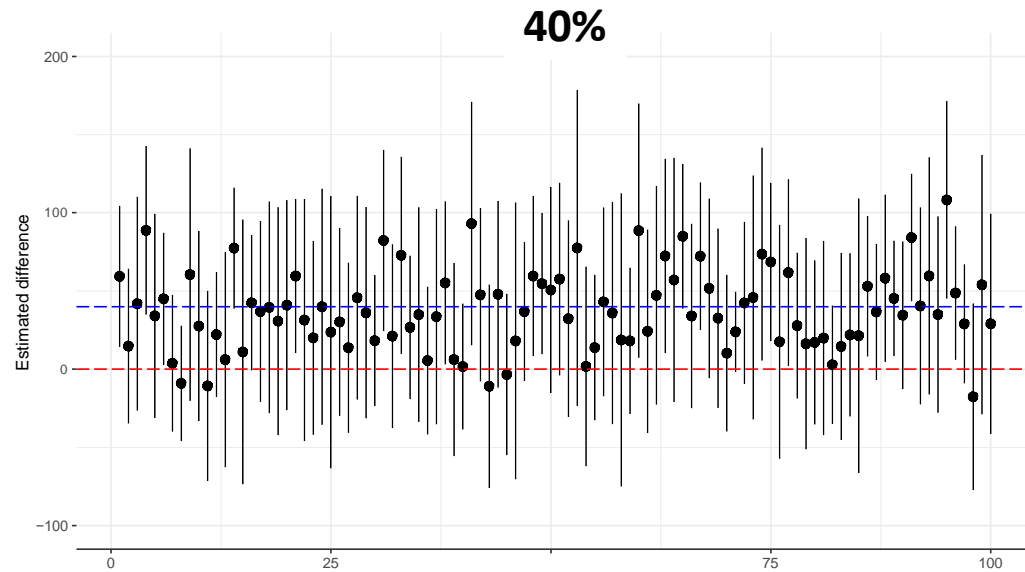
# Example sampling – estimates no effect



# Choice of N per group determines the statistical power of the hypothesis test

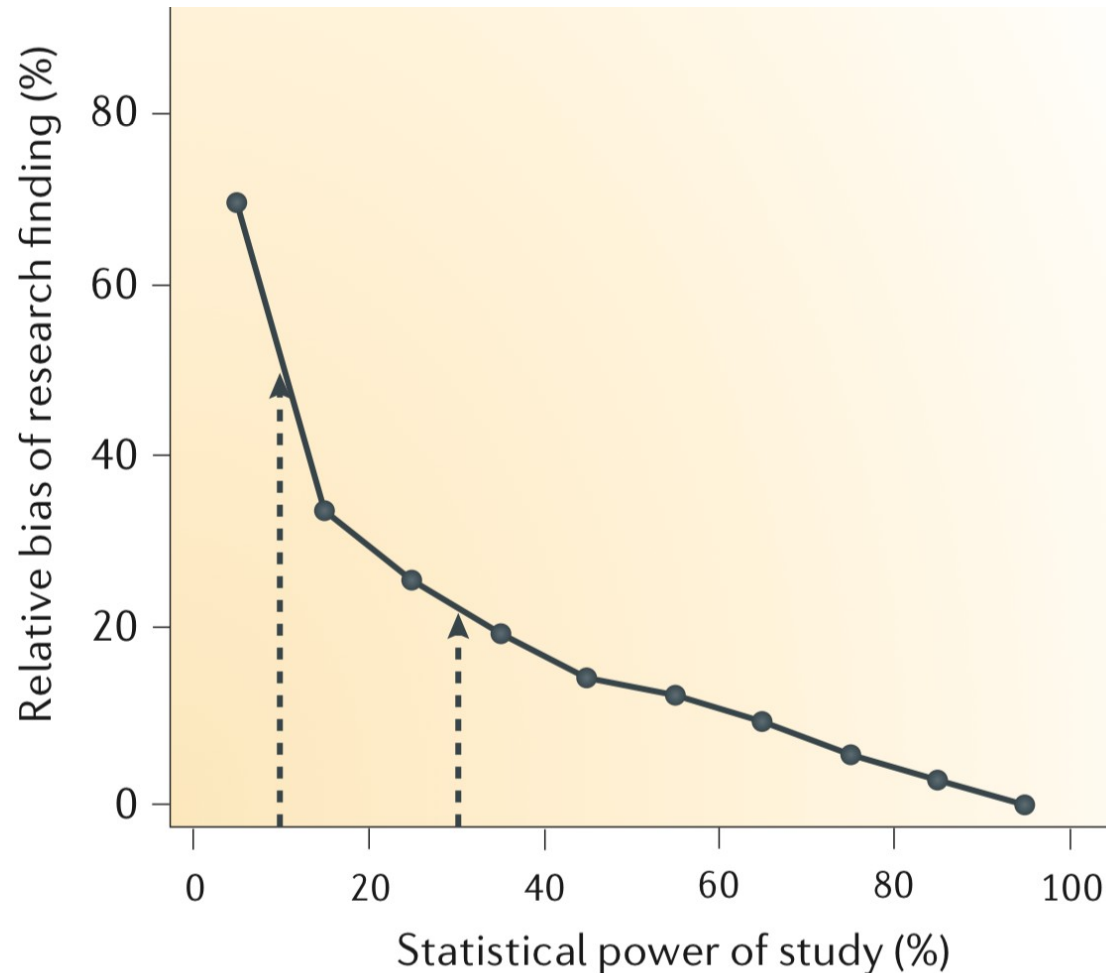


# Compare results for different power



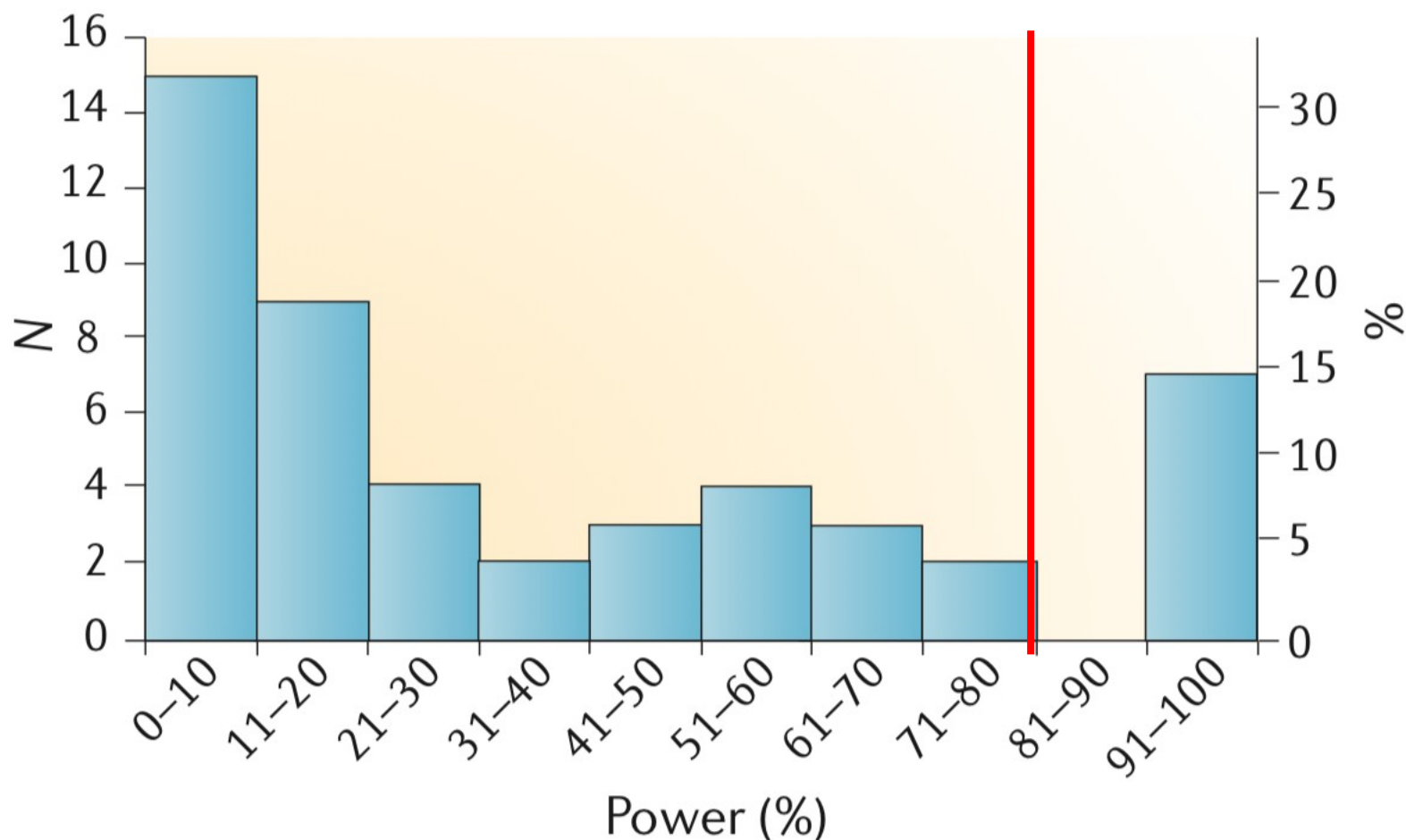


# Winner's curse: low power results in exaggerated estimates of effect size

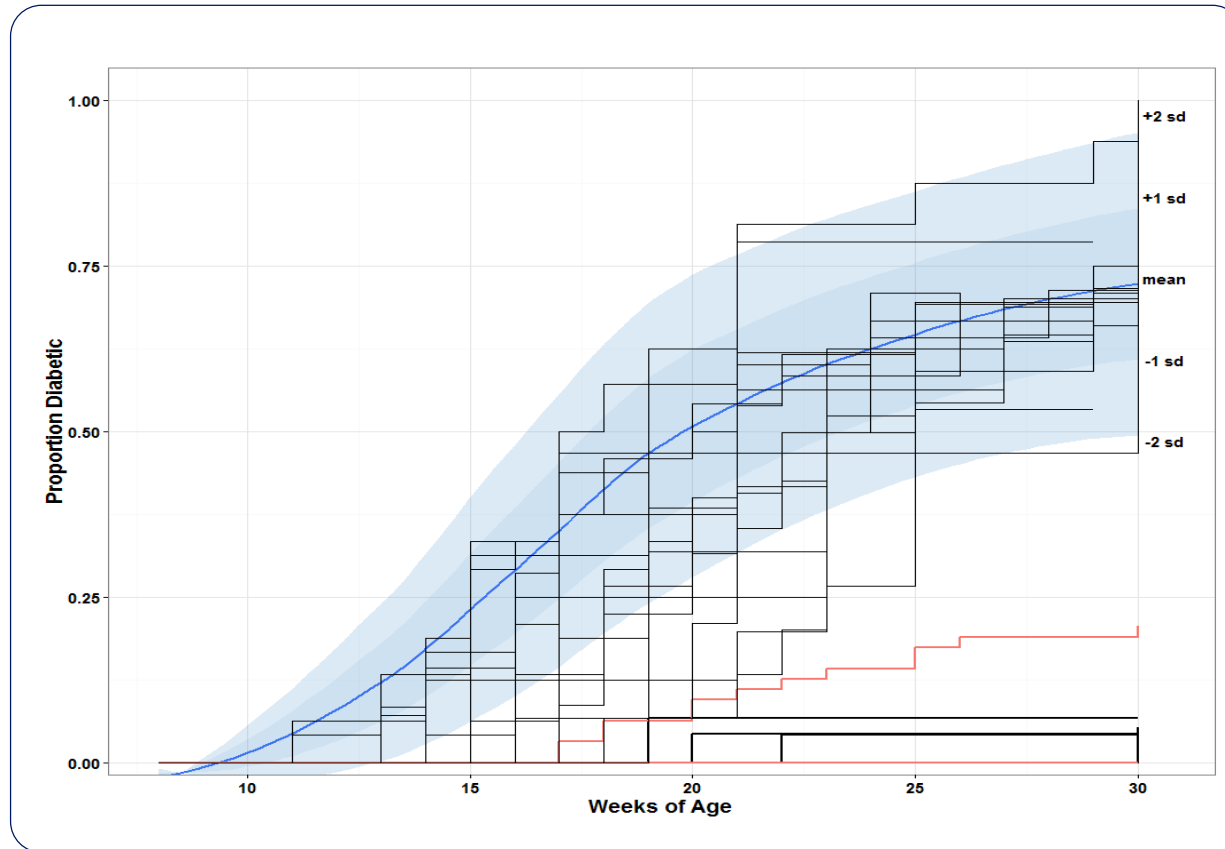


# Most published studies have low power

Studies with lower statistical power are at best pilots, but often portrayed (when published) as conclusive. The need to overreach conclusions contributes to distortion of scientific reality



# Case study – Variability of the NOD mouse model for type 1 diabetes



Many published targets – inherent model 'noise'

Immunotherapy with translational potential

Mouse numbers are often underestimated, we recommend  
> 16/group in prevention, >35/group after onset  
Studies should be randomized, ideally blinded, and repeated at  
different sites (cf. Gill et al. Diabetes. 2016 May;65:1310)



# A comprehensive matrix of antigens did give none or no robust protection from diabetes in the NOD model (NovoNordisk studies)

	ORAL TRACK	SUBCUTANEOUS TRACK
Early Prevention	<p>Mouse insulin<sup>a</sup></p> <p>Porcine insulin [after Zhang et al. PNAS 1991;88:10252]<sup>a</sup></p> <p>NN hormonally inactive insulin#1<sup>a</sup></p>	<p>NN hormonally inactive insulins #1, 2 and 3 are Novo Nordisk's proprietary insulins with varying degrees of reduced affinity for the insulin receptor</p>
Late Prevention	<p>Mouse insulin<sup>a</sup></p> <p>Porcine insulin<sup>a</sup></p> <p>NN hormonally inactive insulin#1<sup>a</sup></p> <p>NN hormonally inactive insulin#2<sup>b</sup></p> <p>NN hormonally inactive insulin#3</p>	<p>NN hormonally inactive insulin#1 in protamine-acetate</p> <p>NN hormonally inactive insulin#1 in protamine-sulphate</p> <p>NN hormonally inactive insulin#1 in IFA</p> <p>NN hormonally inactive insulin#1 in Intralipid</p> <p>NN hormonally inactive insulin#2 [after Karounos et al. J. Clin. Invest. 1997; 100:1344]<sup>b</sup></p> <p>NN hormonally inactive insulin#2 in protamine-sulphate</p> <p>Human proinsulin peptide</p> <p>Insulin mimotope 3 [after Daniel et al. J Exp Med 2011;208:1501]</p>
Recent Onset	<p>Mouse insulin + liraglutide</p> <p>Porcine insulin + liraglutide</p> <p>NN hormonally inactive insulin#1 + liraglutide</p>	<p>NN hormonally inactive insulin#1 in protamine-sulphate + liraglutide</p> <p><b>Publications from in-house work:</b></p> <p><sup>a</sup>Pham et al Clin Immunol 2016;164:28</p> <p><sup>b</sup>Grönholm et al. Diabetologia 2017;60:1475</p>

# Sobering conclusions – antigenic therapy NOD

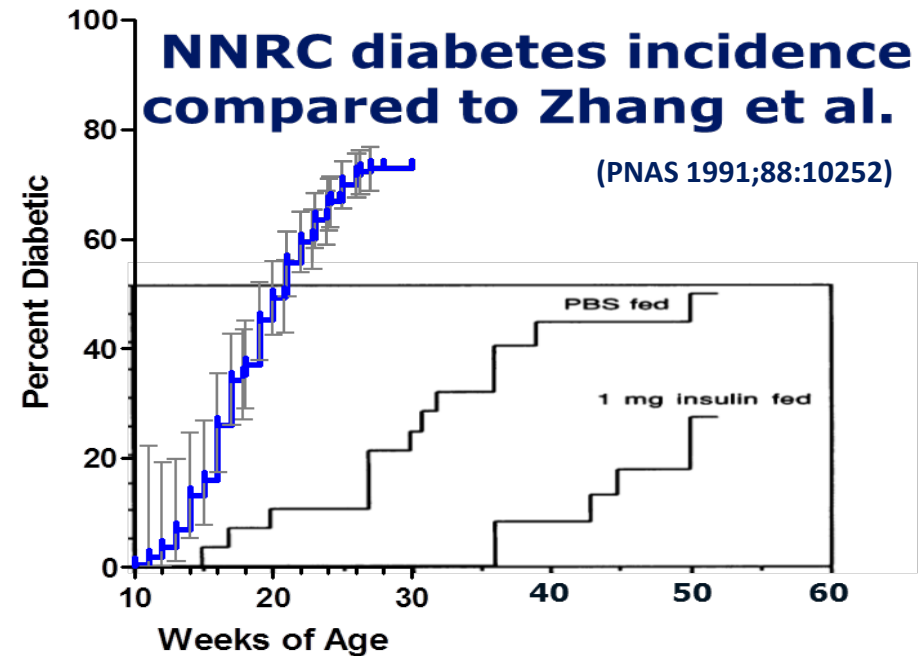
## Reproducibly worked:

- InsB9:23 in IFA
- In house DNA immunotherapy (proinsulin)

## Lack of robustness:

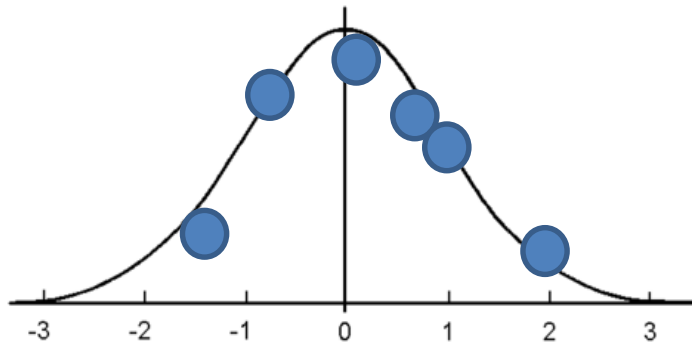
- Oral insulins in various formulations
- All peripheral peptides in adjuvants or with acylation to prolong half-lives or via pumps

## Variation of T1D incidence in the NOD model:

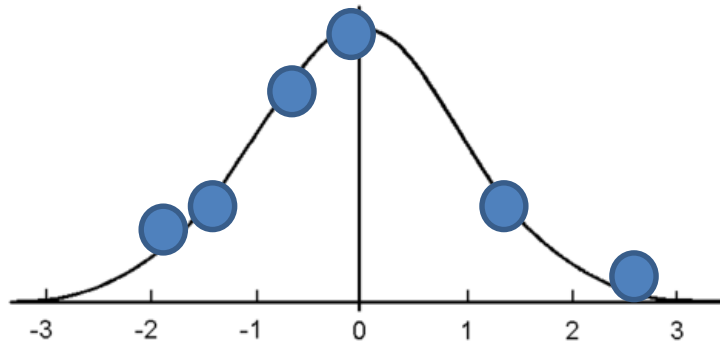
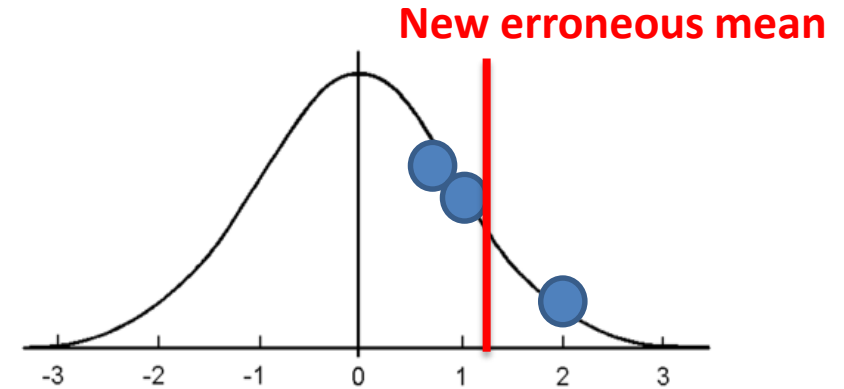


**Effect of oral administration of porcine insulin on T1D in female NOD mice.** Life table analysis of the control group and the group fed 1 mg of insulin ( $P = 0.02$ , Log rank test). Porcine insulin was administered twice for 5 weeks then once weekly thereafter until one year of age with treatment beginning at 5 weeks of age ( $n=27-30$ ). Displayed in blue is the combined incidence in untreated and PBS controls from NNRC-Seattle demonstrating the difference in rate of disease onset and incidence ( $n=176$ ).

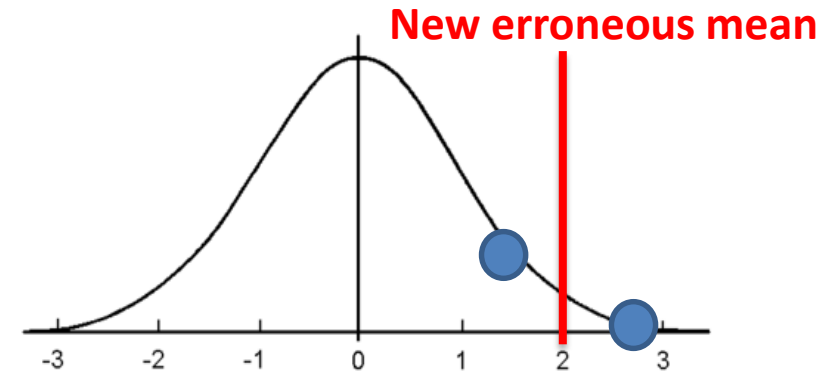
# Particularly problematic scenarios assuming positivity bias in publications



Low Number of  
experiments or  
replications per study



High SE



Reality

Reality



# Conclusions – changes we should embrace to make the scientific method robust again

- More expensive
  - Requiring  $\geq 80\%$  power results in more reliable results and replicable experiments; blinded studies, determine minimal detectable difference and biological relevance in advance
  - Use pure reagents and optimal technology, share resources – collaborate for this, science has evolved and become too complex to yield meaningful results in single laboratories only
- Change in mindset
  - Eliminate positivity bias – negative results need to be published and such studies/papers need to be career relevant
  - Embrace a more collaborative scientific model, this will become more relevant as science and underlying technology become increasingly complex as well as for human research
  - The current system is in 'over-drive', publish fewer, but better studies